45th ANNUAL



JULY 11 – 14, 2024

The John A Dobson Arena 321 East Lionshead Circle Vail, CO 81657

Sponsored by The Skating Club of Vail

www.skateclubvail.com scvclubinfo@gmail.com

Officials

Chief Referee: Michelle Zeles-Hahn **Chief Accountants:** Kim Lamb Technical Accountant: Sheldrin Zhu

Sanctioned by:



Test Session: Wednesday, July 10, 2024 Vail Invitational Events: Thursday, July 11th to Saturday, July 13th Mountain Fun Beginner Competition: Sunday, July 14th

ENTRYEEZE ONLINE REGISTRATION & SECURE PAYMENT:

www.skateclubvail.com/vail-invitational

Entries due June 2, 2024 – Online Registration ONLY \$15 early bird discount if you register by 11:59 pm MST by May 20, 2024

Participating Competition Series



Events Offered:

Excel Free Skate - Pre-Preliminary - Senior Well Balanced Short Program - Juvenile - Senior Well Balanced Free Skate - Pre-Preliminary - Senior Showcase Events - No Test - Senior & Adult Duet Showcase -No Test - Senior & Adult Jumps - Aspire Low - Senior Spins - Aspire Low - Senior Excel Compulsory Moves – Pre-Preliminary - Preliminary Well Balanced Compulsory – Pre-Preliminary - Senior Adult Free Skate - Beginner - Masters Adult Spins - Beginner - Masters Adult Jumps - Beginner - Masters Adult Compulsory Moves – Beginner - Masters Compete USA Skill Program Compete USA Skill Elements **Special Olympics**



The Vail Invitational will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the <u>current rulebook</u>, as well as any pertinent updates that have been posted on the U.S. Figure Skating <u>website</u>. Requirements will be those designated for the 2024-2025 competitive season, unless outlined in this announcement.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and who are currently registered members of a U.S. Figure Skating member club, a collegiate club or who is an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. citizens. This competition will be judged using the 6.0 system of judging or IJS where indicated.

ELIGIBILITY/TEST LEVEL

As of December 1, 2022, singles athletes may opt to accelerate their test progression within U.S. Figure Skating and thus compete at level(s) best suited for their technical skillset. Athletes must still meet the minimum requirements for each level and additionally, if participating within the National Qualifying Series (NQS) or National Excel Series (Excel), they will establish a competitive floor.

The competitive floor is the lowest level an athlete can compete at and is determined only by the level selected through the EMS Series Application for NQS or Excel and is not uniquely tied to competition registration (regardless of series participation).

Eligibility Notes:

- 1. If an athlete participates in BOTH Excel and NQS, their NQS level may be ONE lower than their Excel level. For example, if an athlete skates Junior Excel, they may skate Novice NQS.
- 2. The singles free skate test levels will remain as a minimum requirement to compete.
- 3. Athletes may not skate down in any event.
- 4. This update does NOT apply to Adult, Showcase and Solo Dance.

If an athlete, coach, parent and/or guardian needs assistance with confirming their eligibility, email events@usfigureskating.org or refer to information sheet HERE.

JUDGING SYSTEM & REQUIREMENTS

Both the International Judging System (IJS) and the 6.0 Majority System will be used to judge events at the Vail Invitational. All event requirements will be according to 2024-2025 rules.

COMPETITION REGISTRATION

Online Registration and Credit Card Payment is required through Entryeeze at: http://www.entryeeze.com/

Registration Deadline:

June 2, 2024 at 11:59PM MST

Late Registrations will be accepted at the discretion of the Chief Referee and include a \$25 Late Fee.

Please Note: If space is available, late entries will be accepted at the discretion of the registrar and the chief referee. A \$25 late entry fee will be assessed. Entry form changes made after the entry closing date will be assessed a \$30 change fee (\$50 the week of the competition if approved by the Chief Referee). PLEASE CHECK YOUR ENTRY CAREFULLY WITH YOUR COACH BEFORE ENTERING. Changes requested after the entry deadline may be made at the discretion of the competition committee but are not guaranteed. Anyone not submitting their PPC and music by July 1st will be assessed a \$25 administrative fee each that will be collected online or at the registration desk before the skater is allowed to skate.

Partnered Events: Only one partner will complete registration for the team. During the registration process, you will be asked to identify your partner and verify their test information. The registered partner will be responsible for managing all aspects of the competition for the team including music/PPC upload, practice ice sales, etc.

Foreign Skaters: Non-U.S. skaters intending to register for this competition must set up a non-member account prior to registering for the competition (<u>click here for HOW TO</u>). This can be done by choosing the "Create Account (Non-Member)" option on the <u>Members Only</u> login page.

Mandatory Athletes: Athletes age 18+ as of the competition start date who will be competing on a team (i.e. synchro, dance, pairs, shadow dance, theatre, etc.) with at least one minor athlete must complete SafeSkate training.

Minor Athletes who turn 18 mid-season are encouraged to seek parental consent to take the online SafeSkate training early to avoid any disruptions in their ability to participate as the training is required Upon turning 18. The athlete will not be SafeSkate compliant until they have completed the training and their Member Only portal reflects completion. Please email safeskate@usfigureskating.org for instructions or questions regarding parental consent.

REFUND POLICY

Entry fees will not be refunded after the entry deadline unless no competition exists, or the event is canceled. There will be no refunds for medical withdrawals. Online processing fees are not refundable. Contested credit card charges will be issued a \$25.00 fee. Payments of the fee will be required before the skater is allowed to participate in practice ice or events.

SCHEDULE

The competition and practice ice schedule will be set by the Chief Referee in cooperation with the LOC after the close of entries and is subject to change. Please note that competitors may be scheduled on any day or time during the announced dates of the competition. All participants will be notified via email once the event schedule is available.

FACILITY

The competition will be held at:

The Dobson Ice Arena 321 Lionshead Circle Vail, CO 81657

Phone: (970)479-2271 www.vailrec.com

The facility has one NHL size ice surface measuring 200' by 85' with rounded edges. Spectator seating will be available. No admission will be charged.

MUSIC

Competitors participating in events with music are **required to upload their music to Entryeeze** no later than **July 1, 2024**. After this date, skaters will be locked out of this feature and subject to a \$25 late fee. The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving the skater credential onsite.

Music Criteria:

- File Format: MP3
- Bit Rate: 192 kbps or higher and Sample Rate: 44,100 kHz
- Leaders and trailers (the silence or "dead space" before and after the actual start and end of the program music) may not exceed (2) seconds. We prefer that there be NO leaders or trailers at all. Excessive leaders and trailers may disrupt the playing of the music during competition.

Competitors must bring a copy of their competition music on phone/tablet as a backup in case of technical difficulties and must be available rink side during the competition.

PLANNED PROGRAM CONTENT (PPC)

All competitors participating in IJS (International Judging System) events are required to their Planned Program Content from online through EntryEeze registration by July 1, 2024. Any PPC not submitted by the PPC deadline will automatically be assessed a \$25 late fee. The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving the skater credential onsite.

LIABILITY

U.S. Figure Skating, The Skating Club of Vail, and Dobson Ice Arena accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

REGISTRATION DESK

The registration desk will open one hour prior to, and during, competition events at Dobson Ice Arena. Please register/check-in promptly upon arrival. Skaters must register at least one hour prior to their first event.

READY ROOMS

Athletes are expected to arrive to the arena ready (costumes, hair, make-up, etc). Locker rooms will be provided to leave your belongings and to put skates on but are not to be used for changing. Doors will remain open at all times. This event will follow the Locker Rooms and Changing Area policy included in the SafeSkate Handbook.

VIDEOGRAPHY/PHOTOGRAPHY

Local Motion Productions will provide video services and action photography. In-person and online sales will be available.

AWARDS

Pick up and/or presentation of awards will immediately follow the posting of results electronically. Awards will be given to 1st through 4th place skaters with the exception of Pre-Preliminary and below events which will award to all participants.

TEST CREDIT

Requests for test credit must be made by 7/1/2024 by sending an email with the following information to Tara Lane at tara@poweronice.net:

Skater's name, USFS #, parent name, contact e-mail, contact phone #

Event skated to earn test credit, event # and group

Level and discipline for test

Coach's number, coach's e-mail, coach's phone #

There will be a \$15 fee per test credit. It will be emailed by the end of the competition. If you have any questions during the event about your test credit, please contact Tara Lane at tara@poweronice.net.

OFFICIAL NOTICES

An official bulletin board will be maintained at Dobson Arena during the competition and all official times of events will be posted. Skaters and coaches are required to check the official bulletin board for any changes. Posting of such notices, changes or announcements shall be considered sufficient notice to all participants. Competitors should arrive at the arena one hour prior to their scheduled event time. Events may start up to 30 minutes earlier than the posted start times.

GENERAL INFORMATION

The committee reserves the right to limit the number of entries due to time constraints and to combine male and female skaters when needed to have an event. In Showcase events, where no competition exists at a level, levels may be combined.

Showcase/Duet Showcase – The committee reserves the right to combine event types if there is not enough entries in any subtype.

There will be no refunds after close of entries unless the competition is cancelled.

PRACTICE ICE

Practice Ice (PI) will be available starting after the completion of the test session on Wednesday, July 10, 2024. PI is offered each day of competition but is not guaranteed to be on the day of the event. Skater music will not be played and props are not allowed.

PI should be requested and pre-paid for during online entry. Practice sessions will be organized according to level, whenever possible, and limited to 12 skaters. Practice Ice will be selected by the competitor. After the close of entries, you will receive an email to access your practice ice record and select your sessions via EntryEeze. Practice ice is not refundable after the close of entries on June 2, 2024.

We reserve the right to cancel or change any practice session

Additional ice, if available, will be sold on a first-come, first-serve basis after pre-registered skaters have chosen their sessions and during the competition. You may check your event and PI schedule on-line through EntryEeze.

Vail Invitational Skaters:

- A maximum of (1) PI sessions may be purchased per skater per eligible event; 30 minutes in length.
- Additional sessions may be purchased on an availability basis after the pre-purchase selection window closes.
- IJS skaters may also purchase Warmup Ice (WI) sessions for eligible events (pre-juvenile and above levels for free skate and short programs); 20-minutes in length and guaranteed on the same day as the event being skated.

Vail's Mountain Fun Beginner Competition:

- A maximum of (1) PI session may be purchased per skater for Free Skate events; 20 minutes in length.
- Skaters will be assigned a practice session based on age and entry level.
- All Beginner PI sessions will be offered the evening of July 15th and the morning of the 16th.

PRACTICE ICE FEES

	PRE-PURCHASE On or before June 2 nd	OPEN SALES After pre-purchase selection window closes thru July 8th	ON-SITE SALES Starting July 10 th
Practice Ice – 30 min.	\$20	\$24	\$30
Warm-Up Ice – 20 min.	\$20	\$24	\$30
Mountain Fun – 20 min.	\$12	\$14	\$15

IMPORTANT NOTICE FOR ALL COACHES

To be a credentialed coach at a sanctioned nonqualifying competition, coaches must meet the following requirements:

Coach/Choreographer (domestic/non-foreign):

- Must be a current full member of U.S. Figure Skating either through a member club or as an individual member.
- <u>If 18 years or older</u>, must submit information for, proper payment of \$30 and successfully pass a background check*. The background check will be valid for two seasons, the one in which it was completed plus on additional.
- <u>If 18 years or older</u>, must complete annual SafeSkate Training*. The training will be valid for 365 days from date of completion and there is not cost for the training/certification.
- Must complete the Professional Coach/Choreographer Coaching Education Requirement (CER) through the Professional Skaters Association (PSA).
- Must Submit proof of general liability insurance with limits of \$1 million per occurrence / \$5 million aggregate.
- Must agree to the U.S. Figure Skating Code of Ethics. *
- Must complete three waivers: 1) Assumption of Risk, Waiver and Release and Indemnification Agreement, 2) Medical Consent and 3) Name and Likeness Release and Consent Agreement. *
- If attending a qualifying competition or traveling as a part of Team USA and/or International Selection Pool (ISP), must be a full member of the Professional Skaters Association (PSA).

Learn to Skate USA Coach:

- Must be a current full member of U.S. Figure Skating either through a member club or as an individual member.
- If 18 years or older, must submit information for, proper payment of \$30 and successfully pass a background check.* The background check will be valid for two seasons, the one in which it was completed plus on additional.
- <u>If 18 years or older</u>, must complete annual SafeSkate Training*. The training will be valid for 365 days from date of completion and there is not cost for the training/certification.
- Learn to Skate USA Instructor Certification completed <u>OR</u> U.S. Figure Skating compliance coach (detail above)

Foreign Coach/Choreographer:

• Required to present the LOC with a letter from their federation verifying they are a member in good standing.

For more information regarding Coach Compliance, please visit the <u>Coach Compliance</u> page.

VOLUNTEER COMPLIANCE

Reminder: compliant positions at all U.S. Figure Skating sanctioned events include key LOC members, locker room monitors and ALL medical event personnel. To be considered compliant, an approved volunteer serving in one of these positions must:

- Must submit information for, proper payment of \$30 and successfully pass a background check*
- The background check will be valid for two seasons, the one in which it was completed plus one additionalMust complete annual SafeSkate Training
- The training will be valid for 365 days from date of completion and there is no cost for the training/certification

HOSPITALITY

There will be a designated hospitality areas for judges and officials only throughout the event.

CONTACT INFORMATION

If you have questions, please contact our Committee Chair: Kelly Deimund: 970-376-3945 sevelubinfo@gmail.com

All schedules & updates will be posted to our website: www.skateclubvail.com

TEST SESSION – WEDNESDAY, JULY 10, 2024

Please see our website: https://www.skateclubvail.com/testing

LODGING INFORMATION

Please reserve early! There are many other events in town during our competition.

Please see our website for official lodging information: www.skateclubvail.com/vail-invitational.

^{*}Accessible via U.S. Figure Skating Members Only Website: www.usfsaonline.org -- Person Icon OR Account -- Member Profile -- Compliance

COMPETITION EVENTS

Events offered at the 2023 Vail Invitational include only the events list below, with their respective pricing, event requirements and the judging methods. Program requirements for the events listed below can be found here: <u>usfigureskating.org</u> – <u>Skate</u> – <u>Compete</u> – <u>Program Requirements</u>

SINGLES	IJS/6.0	1 st EVENT	2 nd EVENT
Excel Free Skate (Juvenile – Senior; All "Plus" Events)	IJS	\$165	\$65
Excel Free Skate (Pre-Preliminary - Preliminary)	6.0	\$145	\$50
Well Balanced Short Program (Juvenile – Senior)	IJS	\$165	\$65
Well Balanced Free Skate (Pre-Preliminary – Senior)	IJS	\$165	\$65
Adult Free Skate (Pre-Bronze – Master Jr/Sr)	IJS	\$165	\$65
Adult Free Skate (Beginner – High Beginner)	6.0	\$145	\$50
SPECIALTY	IJS/6.0	1 st EVENT	2 nd EVENT
Excel Compulsory Moves (Pre-Preliminary – Preliminary)	6.0	\$100	\$50
Well Balanced Compulsory Moves (Pre-Pre – Senior)	6.0	\$100	\$50
Adult Compulsory Moves (Beginner–Masters Jr/Sr)	6.0	\$100	\$50
Jumps Challenge (Aspire Low –Senior)	IJS	\$100	\$50
Adult Jumps Challenge (Beginner–Masters Jr/Sr)	IJS	\$100	\$50
Spins Challenge (Aspire Low – Preliminary)	6.0	\$100	\$50
Spins Challenge (Pre-Juvenile – Senior)	IJS	\$100	\$50
Adult Spins Challenge (Beginner–Masters Jr/Sr)	IJS	\$100	\$50
SHOWCASE	IJS/6.0	1st EVENT	2 nd EVENT
Individual Entertainment (No Test – Senior & Adult)	CJS	\$145	\$50
Duets (No Test – Senior & Adult)	CJS	\$145	\$50
COMPETE USA EVENTS			
Snowplow Sam - 6 Program w/ Music	6.0	\$110	\$35
Aspire 1-4 Program w/ Music	6.0	\$110	\$35
Adult 1-6 Program w/ Music	6.0	\$110	\$35
Snowplow Sam – Basic 6 Elements	6.0	\$110	\$35
Aspire 1-4 Compulsory Moves	6.0	\$110	\$35
Adult 1-6 Compulsory Moves	6.0	\$110	\$35
SPECIAL OLYMPICS/ADAPTIVE SKATING			
Special Olympics – Manual/Handbook	6.0	\$110	\$35



2024 Skate Colorado Compete USA **Series**

Aspen Invitational (Lewis Arena) Date: Dec 1-3, 2023

www.aspenfigureskatingclub.com

0861 Maroon Creek Rd Aspen, CO

Competition Chair: Janette Buchanan ianettebuchanan@vahoo.com

(650) 465-1720

Competition Application Deadline: October 27, 2023

Ft. Collins Classic (EPIC) Date: April 4-7, 2024

www.fortcollinsfsc.org

1801 Riverside

Fort Collins, CO 80525

Competition Chair: Amy Aspelund

aspelua@gmail.com

970-556-4850

Competition Application Deadline: March 21, 2024

Centennial Spring Classic (Monument Ice Rinks)

Date: May 3-4, 2024

www.centennialskatingclub.org

16240 Old Denver Highway Monument, CO 80132

Competition Chair: Lisa Landon

lisa landon@comcast.net

(719) 659-0912

Competition Application Deadline: April 3, 2024

Broadmoor Open (World Arena)

Date: June 23, 2024

www.broadmoorskatingclub.com

3185 Venetucci Blvd

Colorado Springs, CO 80906

Competition Chair: Barbara Bradley

HoneyB23@aol.com

(719) 540-5655

Competition Application Deadline: May 8, 2024

Cup of Colorado/Colorado Gold

(South Suburban Sports Complex)

Date: Aug 15-18, 2024

www.denverfsc.org

4810 E. County Line Road Littleton, CO 80126

Competition Chair: Cassy Papajohn

cup@dcfsc.org

(303)910-0303

Competition Application Deadline: July 14, 2024

Denver Invitational

(South Suburban Sports Complex)

Date: March 7-10, 2024

www.denverfsc.org

4810 E. County Line Road

Littleton, CO 80126

Competition Chair: Lisa May

di@dcfsc.org

(720) 272-0290

Competition Application Deadline: Feb 4, 2024

Funtastics (APEX)

Date: April 12-14, 2024

www.alpinesc.org

13150 W 72nd Ave

Arvada, CO 80005

Competition Chair: Carol Zeles / Mary Lynn Conway

cmzeles@gmail.com / marylynn.conway@gmail.com

(303) 979-0802

Competition Application Deadline: TBD

Front Range Invitational (Greelev Ice Haus)

Date: May 31-June 2, 2024

www.mountainviewskatingclub.com

900 8th Avenue

Greeley, CO 80633

Competition Chair: Lyndsay Buxman / Sarah Mitchell

competition@mountainviewskating.com

(303) 332-7868 / (970) 978-3192

Competition Application Deadline: TBD

Vail Invitational (Dobson Arena)

Date: July 11-14, 2024

www.skateclubvail.com

321 E. Lionshead Cir

Vail. CO 81657

Competition Chair: Kelly Deimund

kellydeimund@hotmail.com

(970) 376-3945

Competition Application Deadline: TBD

Colorado Springs Invitational/RMSG

(Monument Ice Rinks)

Date: Sep 13-14, 2024

www.centennialskatingclub.org 16240 Old Denver Highway

Monument, CO 80132

Competition Chair: Lisa Landon

lisa landon@comcast.net

(719) 659-0912

Competition Application Deadline: Aug 11, 2024

*** All 2024 Skate Colorado Compete USA **Competition Series awards will be** presented at this competition ***

MISSION STATEMENT: To provide an opportunity for Colorado skaters to develop their skating skills in a fun, competitive environment.

AWARDS: During the competition season, skaters and teams/clubs will have the chance to compete at 10 different competitions and earn points for a final standing. <u>Trophies and medals will be awarded at the Skate Colorado Compete USA competition at the 2024 Colorado Springs Invitational</u>.

Skate Colorado Compete USA Series Team Banner $(3x4) - 1^{st}$, 2^{nd} , and 3^{rd} place banners will be awarded to the club/skating school with the most points scored throughout the entire series (all 10 competitions) by skaters representing that club/skating school (points for clubs and skating schools located at the same rink will be added together to enhance and create more of a "team" concept). Points will be awarded based upon the same system as the individual points. Only the top 10 team members' OVERALL scores FOR THE ENTIRE SEASON (including move up points) will count toward the team points for the determination of the team trophy. Tie breakers will be the same as the individual tie breakers.

Free Skate Program and Elements/Compulsory Series Point System

A skater must enter BOTH the Free skate Program AND the Elements/Compulsory event IN THE SAME LEVEL in each of at least TWO (2) of the 10 registered Skate Colorado Compete USA Competitions to be eligible for accumulating points. Skaters must compete in a minimum of TWO (2) competitions. Only up to the best 4 scores (free skate and compulsory/elements added together) of the season will be totaled for the final score in the series. Each event will have a maximum of six skaters. Both youth and adults may accumulate points!

The system for scoring points for the trophies will be as follows:

1 st place	6 points
2 nd place	5 points
3 rd place	4 points
4 th place	3 points
5 th place	2 points
6 th place	1 point

^{*} A skater will earn three points toward their overall standing each time the skaters competes in a level that is higher than the level competed in at the previous competition throughout the duration of the series. In order to keep the extra three points he/she must compete in that level or higher in all subsequent competitions. Move up points will be awarded for events 2-9 in the series (even though the event point scores may not be one of the final four best scores).

In the event that there is only one skater in an event, the skater will have the choice to skate alone OR move up a level to compete against other skaters, HOWEVER, THE SKATER WILL HAVE TO MOVE UP IN BOTH THE ELEMENTS/COMPULSORY MOVES AND THE PROGRAMS W/MUSIC EVENTS. In this case, those skaters will be allowed to move back to their original level to compete at the next competition and shall not be awarded the 3 point move up credit.

If an event has 2-6 skaters, the points will be awarded as if there were six skaters in the group. If there is only one skater in the group, that skater will be awarded three points.

In case of a tie, the total number of skaters that the competitor has skated against throughout the series (all competitions and not just the competitions with the 4 best scores) will be the 1st tie breaker. The total score for all free skate events during the season will be the 2nd tie breaker, the total score for all compulsory events during the season will be the 3^{rd} tie breaker, and the number of levels increased throughout the season will be the 4^{th} tie breaker.

All points follow the skater throughout the series, so if a skater moves up to higher levels, the points follow the skater. Once a skater moves up a level, they may not compete at a lower level unless they moved up as a result of having no other skaters in their group.

Trophies will be awarded 1-3 in each level from Snowplow Sam through Free Skate 6 and Adult 1-6. The trophies will be awarded to the skaters at their level as of the last competition in which they compete.

Rules and Format:

COMPETITION ANNOUNCEMENT

The **Skate Colorado Compete USA Series** is sponsored equally by the 10 participating ice rinks and/or U.S. Figure Skating member clubs. Competition packages will be available at all participating ice rinks and/or via the club or rink websites. Each competition will have its own entry forms and specific rules so please make sure to read the entire announcement for each competition.

ELIGIBILITY RULES FOR PARTICIPANTS

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Learn to Skate USA Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Learn to Skate USA Program/Club or any other Learn to Skate USA Program/Club.

Eligibility will be based on skill level as of the closing date of entries.

All Snowplow Sam through Basic 6 skaters are eligible to skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances.

All Aspire 1 - 4 may compete at the level that best fits their skill level and may NOT have passed the USFS Preliminary Singles test.

It is very important to the success of the series that skaters are placed in the correct divisions. If, for whatever reason, the local organizing committee and/or their Chief Referee discover that a skater has been placed in a category that is below their class level, the chair and referee will have the option to move the skater to the proper division, even if this has to be done the day of the competition. This will ensure that every event is as fair as possible to the competitors.

Elements: Snowplow Sam – Basic 6

Format: Each skater will perform one element at a time (in program format) in the <u>order listed below</u> (no excessive connecting steps or choreography)

- To be skated on ½ ice, no music
- All elements must be skated in the order listed no additional elements are allowed
- The skater must demonstrate the required elements as described
- Each element may only be attempted once
- Time: 1:00 MAX

Compulsory: Aspire 1-4 and Adults 1-6

Format: In program format, using a <u>limited number</u> of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice, no music
- Each element may only be attempted once
- May use any additional elements from previous levels as connecting steps.
- A .2 deduction will be taken for each element missing, repeated or from a higher level
- Time: 1:15 MAX Pre-Free Skate Free Skate 6; 1:30 MAX Adult 1-6

Programs with Music: Snowplow Sam – Basic 6

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.

- To be skated on full ice with music
- The skater <u>must demonstrate</u> the required elements as described and may use any additional elements from their current level or a previous level
- If the description of a required move states the direction of the element or the placement of the free leg, then options are **NOT** allowed
- A .2 deduction will be taken for each element performed from a higher level
- Bonus skills from the same level or below are allowed but will NOT be judged elements
- Time: 1:10 MAX

Programs with Music: Adult 1-6

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice
- Vocal music is allowed.
- The skater <u>must demonstrate</u> the required elements as described and may use, but is not required to use, any additional elements from their current level or a previous level
- A .2 deduction will be taken for each element missing, repeated or from a higher level
- Time 1:40 MAX

Free Skate: Aspire 1-4

- To be skated on full ice
- Vocal music is allowed
- Time 1:40 MAX

Required Descriptions for Elements & Compulsories

Level	Skating rules / standards	Level	Skating rule/ standards
Snowplow Sam	 March followed by a two-foot glide and dip Forward swizzles, 2-3 in a row Forward snowplow stop Backward wiggles, 2-6 in a row 	Adult 1	Forward marching Forward two-foot glide Forward swizzle (4-6 in a row) Forward snowplow stop on one or two feet
Basic 1	 Forward two-foot glide and dip Forward swizzles, 6-8 in a row Beginning snowplow stop on one or two feet Backward wiggles, 6-8 in a row 	Adult 2	 Forward skating across the width of the ice Forward one-foot glides, both feet Forward slalom Backward skating Backward swizzles, 4-6 in a row
Basic 2	Forward one-foot glide (no variations), either foot Scooter pushes, 2-3 each foot Moving snowplow stop Two-foot turn in place, forward to backward Backward swizzles, 6-8 in a row	Adult 3	Forward stroking using the blade properly Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise Forward chasses on a circle, clockwise and counterclockwise Backward skating to a long two-foot glide Backward snowplow stop, right and left
Basic 3	Beginning forward stroking showing correct use of blade Forward half swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive Forward slalom Moving forward to backward two-foot turn on a circle Beginning backward one-foot glide, either foot	Adult 4	Forward outside edge on a circle, right and left Forward inside edge on a circle, right and left Forward crossovers, clockwise and counterclockwise Hockey stop, both directions Backward one-foot glides, right and left
Basic 4	Forward outside edge on a circle, clockwise or counter clockwise Forward crossovers, 4-6 consecutive, clockwise and counterclockwise Backward half swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive Backward one-foot glides (no variations), right and left Beginning two-foot spin, maximum 4 revolutions	Adult 5	Backward outside edge and backward inside edge on a circle, right and left Backward crossovers, clockwise and counterclockwise Forward outside three-turn, right and left Beginning two-foot spin (min 2 revolutions)
Basic 5	Backward outside edge on a circle, clockwise or counterclockwise Backward crossovers, 4-6 consecutive, clockwise and counterclockwise Forward outside three-turn, right and left Advanced two-foot spin, min 4 revolutions Hockey stop	Adult 6	Forward stroking with crossover end patterns Backward stroking with crossover end patterns Forward inside three-turn, right and left T-stop Lunge Two-foot spin into one-foot spin (min 2 revs on 1 foot)
Basic 6	Forward inside three-turn, right and left Mohawk, right to left and left to right Bunny Hop Basic forward spiral on a straight line (no variations), right or left Beginning one-foot spin, max 3 revolutions, optional free leg and entry position T-stop, right or left		

Aspire 104 Compulsory Moves

LEVEL	TIME	SKATING RULES/STANDARDS	
Aspire 1	1:15 max	Waltz Jump '1/2 Flip One–foot upright spin Choreographic step sequence	
Aspire 2	1:15 max	Single SalchowSingle Toe LoopSit spinChoreographic step sequence	
Aspire 3 1:15 max		Single Loop Salchow/Toe loop jump combination Forward upright spin to back upright spin combination Choreographic step sequence	
Aspire 4	1:15 max	Single Flip Waltz Jump-Euler-Salchow jump combination Camel-Sit spin combination Choreographic step sequence	

Required Descriptions for Programs with Music

Level	Skating rules / standards	Level	Skating rule/ standards
Snowplow Sam Basic 1	 March followed by a two-foot glide and dip Forward swizzles, 2-3 in a row Forward snowplow stop Backward wiggles, 2-6 in a row Forward two-foot glide and dip Forward swizzles, 6-8 in a row Beginning snowplow stop on two-feet or one-foot Backward wiggles, 6-8 in a row 	Adult 1 Adult 2	 Forward marching Forward two-foot glide Forward swizzle (4-6 in a row) Forward snowplow stop, one or two feet Forward skating across the width of the ice Forward one-foot glides Forward slalom Backward skating Backward swizzles, 4-6 in a row
Basic 2	 Forward one-foot glide (no variations), either foot Scooter pushes, right and left foot, 2-3 each foot Moving snowplow stop Two-foot turn in place, forward to backward Backward two-foot swizzles, 6-8 in a row 	Adult 3	 Forward stroking using the blade properly Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise Backward skating to a long two-foot glide Forward chasses on a circle, clockwise and counterclockwise Backward snowplow stop, right and left
Basic 3	 Beginning forward stroking showing correct use of blade Forward half swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive Forward slalom Moving forward to backward two-foot turn on a circle Beginning backward one-foot glide, either foot 	Adult 4	 Forward outside edge on a circle, right and left Forward inside edge on a circle, right and left Forward crossovers, clockwise and counterclockwise Backward one-foot glides, right and left Hockey stop, both directions
Basic 4	 Forward outside edge on a circle, clockwise or counter clockwise Forward crossovers, 4-6 consecutive, clockwise and counter clockwise Backward half swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive Backward one-foot glides (no variations), right and left Beginning two-foot spin, maximum 4 revolutions 	Adult 5	 Backward outside edge on a circle, right and left Backward inside edge on a circle, right and left Backward crossovers, clockwise and counterclockwise Forward outside three-turn, right and left Beginning two-foot spin
Basic 5	 Backward outside edge on a circle, clockwise or counterclockwise Backward crossovers, 4-6 consecutive, clockwise and counter clockwise Forward outside three-turn, right and left Advanced two-foot spin, min 4 revolutions Hockey stop 	Adult 6	 Forward stroking with crossover end patterns Backward stroking with crossover end patterns Forward inside three-turn, right and left T-stop Lunge Two-foot spin into one-foot spin (min 2 revs on one foot)
Basic 6	 Forward inside three-turn, right and left Mohawk, right to left and left to righ Bunny Hop Basic forward spiral on a straight line (no variations), right or left Beginning one-foot spin, max 3 revolutions, optional free leg and entry position T-stop, right or left 		

ASPIRE FREE SKATE REQUIREMENTS

	JUMPS	SPINS	STEP SEQUENCE
Aspire 1 Free Skate 1:40 Max	Maximum 5 jump elements: Permitted jumps: Waltz jump Max 1 jump sequence Permitted sequence: Waltz jump/waltz jump with no turns or hops in between	Maximum 2 spins: Permitted spins: Two-foot spin Forward one foot spin (free foot optional)	Maximum 1 Sequence: Choreographic Step Sequence (ChSt) • One ½ of the ice
Aspire 2 Free Skate 1:40 Max	Maximum 5 jump elements: Permitted jumps: Any jump from Aspire 1 Single Salchow Single Toe loop Max 2 jump combinations, or 1 jump combination and 1 jump sequence Permitted combinations: Waltz jump/toe loop Salchow/toe loop Permitted jump sequence: Waltz jump/waltz jump with no turns or hops in between	Maximum 2 spins: Permitted spins: Any spin from Aspire 1 Back upright spin Sit Spin	Maximum 1 Sequence: Choreographic Step Sequence (ChSt) • One ½ of the ice
Aspire 3 Free Skate 1:40 Max	Maximum 5 jump elements: Permitted jumps: Any jump from Aspire 1 and 2 Euler (half-loop) Single loop Max 2 jump combinations, or 1 jump combination and 1 jump sequence	Maximum 2 spins: Required spin: Forward upright spin to back upright spin combination Permitted spins: Any spin from Aspire 1 and 2 Camel Spin	Maximum 1 Sequence: Choreographic Step Sequence (ChSt) • One ½ of the ice
Aspire 4 Free Skate 1:40 Max	Maximum 5 jump elements: Permitted jumps: Any jump from Aspire 1, 2 and 3 Single Flip Single Lutz Max 2 jump combinations, or 1 jump combination and 1 jump sequence	Maximum 2 spins: Required spin: Forward camel to sit spin combination Permitted spins: Any Spin from Aspire 1, 2 and 3	Maximum 1 Sequence: Choreographic Step Sequence (ChSt) One ½ of the ice

Clarifications:

Jumps:

All Levels

Maximum 2 of any same jump

Aspire 1 and 2

· Euler is not permitted

Jump Sequence:

Aspire 3 and 4

 A jump sequence consists of two or three jumps in which the second and/ or the third jump is a waltz jump with a direct step from the landing curve of the first/second jump

Jump Combinations:

Aspire 3 and 4

 Jump combinations and jump sequences are limited to two jumps except that one jump combination or one jump sequence may include three jumps

Spins:

All Levels

- · Minimum 3 revolutions
- No flying entry
- · A Spin may not be repeated
- Basic positions only

Aspire 3 and 4

- One spin must be the required spin
- · Second spin must be a spin in one position

Step Sequence:

All Levels

- · Jumps may be included in the step sequence
- Moves in the field and spiral sequences are allowed but will not be counted as elements