

Vail's Mountain Fun

A Competition for Beginner Skaters using *Colorado's "Funtastics" Format*

Sanctioned by US Figure Skating
Hosted by The Skating Club of Vail
Sunday, July 18, 2010

The purpose of these events is to promote a fun introduction to the competitive sport of figure skating. Skaters must be full members of United States Figure Skating (USFS). You should check with your instructor, coach or club officer as to the correct membership needed.

The competition is open to all beginning skaters who are either enrolled in a class program or receiving private instruction at the beginning level. A skater who has passed the USFS Pre-Preliminary Moves in the Field test or higher as of May 25, 2010 is **NOT** eligible to compete in Vail's Mountain Fun Beginner Competition.

Rules and Format/Competition Announcement

Entries: The entry fee is \$50 for the first event and \$10 for an additional event. Checks should be made payable to The Skating Club of Vail. Entries must include a current e-mail address in order to receive notification of competition and practice ice times. This information will not be available by phone. Male and Female competitors can be combined at the discretion of the referee if entries are not sufficient to create separate events. Events may be cancelled due to time restraints. **Entry forms must be postmarked by May 25, 2010.** Entry fees will not be refunded unless no competition in an event exists.

Mail entries to:
Stephanie Harrison
The Skating Club of Vail
PO Box 2451, Edwards, CO 81632

Competition Information: Skaters will be divided by age into groups of six skaters or less in all divisions. Skaters may enter at their highest USFS Basic Skills, ISI test or Learn-To-Skate level or one level higher. Skaters may not skate down a level. Medals will be presented to all six participants at each level immediately following the posting of the official results. The competition committee reserves the right to combine event levels, as well as boys and girls groups. The Committee also reserves the right to limit the number of entries accepted or to cancel an event due to time constraints. The Tots event is open to skaters age 5 and under as of May 25, 2010. Beginner events are open to skaters who are 16 years of age and under as of May 25, 2010. Adult Beginner events are open to skaters 17 years of age and older as of May 25, 2010. No axels or double jumps are allowed. Deductions will be taken if elements from a higher level are skated. Competitors should arrive at the arena one hour prior to their scheduled event time. Events may start up to 30 minutes earlier than the posted start times.

Music for the Free Skate event must be provided by the skater on a standard CD, clearly marked with the skater's name and event. A back-up CD must be readily available. Cassette tapes will not be accepted.

Awards: Medals will be awarded to all participants immediately following the end of each event. Event videos and photographs will be available for purchase. Local Motion Productions has a "NO Personal Cameras" policy, therefore personal photos will not be permitted during the award presentations.

Practice Ice: Practice Ice must be pre-ordered on the enclosed registration form. Practice ice will be held on the evening of Saturday, July 17th. Sessions will be 20 minutes long. Sessions will be divided by skating level and limited to 20 skaters per session. Skaters may only skate on one session. Please note that sessions cannot start until after the end of Vail Invitational competition on Saturday, thus some sessions may start at 8pm or later. Practice Ice is \$10 per session.

Liability: Skaters, parents, and coaches should read US Figure Skating Rule 3222 regarding club, facility and US Figure Skating liability. Your signature on the entry form will indicate that you have read and accept this section.

NOTHING MAY BE THROWN ONTO THE ICE

Contact Information: If you have questions you may contact Stephanie Harrison, preferably via e-mail at skateclubvail@gmail.com or via phone to (970) 376-4102. No phone calls before 9:00 am or after 8:00 pm, please.

Hotel Information

Please reserve early! Vail hotels fill up quickly in the summer and these rates are on a space available basis only.

Host Hotel

The Evergreen Lodge

250 South Frontage Road West, Vail, Colorado 81657
Hotel Reservations: 1-800-284-8245 or 1-970-476-7810

www.evergreenvail.com

Hotel is directly adjacent to the rink, and on the free Town of Vail shuttle. Amenities include outside heated pool, inside hot tub and sauna, fitness and game rooms, restaurant and sports bar.

ASK FOR VAIL INVITATIONAL SPECIAL RATE

\$115 per night

Beautifully renovated rooms with two queen beds. Room includes refrigerator, hair dryer, iron, coffee maker and internet access. Studio King Rooms as well as One and Two Bedroom Condominiums are also available. (Rate does not include sales or lodging taxes.)

Host Condominium

The Lodge at LionsHead

380 E. LionsHead Circle, Vail, CO 81657
Hotel Reservations: 1-800-284-4399 or 1-970-476-2700

www.lodgeatlionshead.com

Great For Team Group Lodging!

Lodge is across the street from the rink, and on the free Town of Vail shuttle.

ASK FOR VAIL INVITATIONAL SPECIAL RATE

Two Night Minimum

Studios and One to Four Bedroom Condos. with full kitchens, outside heated pool, saunas, fitness room and laundry facilities.



There are lots of FREE things to do in Vail in the summer! Bring the whole family and enjoy...

FREE Hot Summer Nights concert on Tuesday nights, FREE Gondola Rides after 4pm, FREE tours of The Betty Ford Alpine Garden, FREE LionsHead Family Friday Afternoon Club, FREE Minturn Farmers Market on Saturday and Vail Market on Sunday, FREE Vail In-Town Shuttle, FREE People Watching, FREE Fly-fishing, Biking & Hiking

PLUS

SO MUCH MORE!

TENTATIVE SCHEDULE OF EVENTS

Mtn. Fun events are scheduled for 7/19.

As soon as the referee has completed the tentative event schedule we will post it on our website, www.SkateClubVail.com. Check that site frequently for competition updates.

Compulsory Moves: Skaters may enter at their highest USFS Basic Skills, ISI test Level (as of May 25, 2010), or at the appropriate level of their rinks Learn-to-Skate program, or one level higher. Skaters may not skate down a level. Groups will be divided by age within each category, with no more than 6 to a group. Please make sure to read the requirements/restrictions to make sure the skater is entered in the proper group. All compulsory moves will be skated on ½ ice.

Free Skating Program Beginner Free Skating Programs will be divided into specific divisions. Test requirements are the same as for Compulsory Moves. Skating order of elements is optional. Unless stated otherwise, elements may be repeated; length of edges and number of spin revolutions are also not restricted unless otherwise stated. Program is to be skated on full ice with music. Both vocal and non-vocal music is allowed. No axels or double jumps are allowed. Deductions will be taken if elements from a higher level are skated. Groups will be divided by age within each category, with no more than 6 to a group.

Division	Compulsory Elements	Free Skate
Tots Age 5 and under as of 5/25/2010	1 minute max 1/2 ice Skated in the order listed Program format; no stops between elements 1. Forward strokes or marches (min 4) 2. Two-foot glide 3. Forward two foot swizzles (min 4) 4. Snowplow stop (one- or two-foot permitted) 5. Backward wiggles (min 4) 6. Two foot hop on the spot (standstill/no rotation)	1 minute +/- 10 sec full ice Free skate program skate skated to music of skater's choice. Program content limited to elements in the compulsory program
Beginner 1 Age 16 and under as of 5/25/2010 Basic 1 & 2	1 minute max 1/2 ice Skated in the order listed Program format; no stops between elements 1. Forward strokes or marches (min 4) 2. Two foot glide and dip 3. Forward two foot swizzles (min 4) 4. One foot glide (either foot) 5. Snowplow stop (one- or two-foot stop) 6. Two foot hop on the spot (standstill/ no rotation)	1 minute +/- 10 sec full ice Free skate program to music of skater's choice. Program content is limited to elements in the compulsory programs of Tots and Beginner 1.
Beginner 2 Age 16 and under as of 5/25/2010 Basic 3 & 4	1 minute max 1/2 ice Skated in the order listed Program format; no stops between elements 1. Forward strokes (min 4) 2. Bunny hop 3. Forward crossovers (min 4 in both directions) 4. Forward to backward two-foot turn on a circle (either direction). 5. Backward two foot swizzles (min 4) 6. Backward one foot glide (right and left foot)	1 minute +/- 10 sec full ice Free skate program to music of skater's choice. Program content is limited to elements in the compulsory programs Beginner 2 and below.
Beginner 3 Age 16 or under as of 5/25/2010 Basic 5 & 6	1 minute max 1/2 ice Skated in any order Program format;no stops between elements 1. Backward strokes (min 4) 2. Backward crossovers (min 4 both directions. 3. Forward mohawk (either direction) 4. Inside 3-turn (either foot) 5. Two-foot spin 6. T-stop (either foot)	1 minute +/- 10 sec full ice Free skate program to music of skater's choice. Program content is limited to elements in the compulsory programs Beginner 3 and below. Outside 3-turns are also allowed.
Beginner 4 Age 16 and under as of 5/25/2010 Basic 7 & 8	1 minute max 1/2 ice Skated in any order Program format; no stops between elements 1. Forward straight line spiral (either foot) 2. Waltz 3s (3 sets on the same foot) 3. Lunge 4. One foot spin (free foot to skating knee only) 5. Waltz jump 6. Mazurka or half flip	1 minute +/- 10 sec full ice Free skate program to music of skater's choice. Jump content is limited to 1/2 rotation jumps, which may be repeated alone or in combination. (Note: a half-loop is considered a full rotation jump.) One and two foot upright spins are allowed. No change of foot spins are allowed.

<p>Beginner 5 Age 16 or under as of 5/25/2010</p> <p>Free Skating 1 & 2</p>	<p>1 minute 15 sec max 1/2 ice Skated in any order Program format; no stops between elements 1. Back inside pivot 2. Forward outside spiral (either foot) 3. Salchow jump 4. Waltz jump, falling leaf, half flip (from a mohawk take-off) combination 5. One foot spin (optional free foot) 6. Connecting steps (such as 3-turns, mohawks, bunny hops, crossovers, etc.)</p>	<p>1 minute 30 sec +/- 10 sec full ice Free skate program to music of skater's choice. Jump content is limited to Salchow jumps, toe-loop jumps, and 1/2 rotation jumps that may be repeated alone or in combination. Upright and sit spins allowed with no change of foot or position.</p>
<p>Beginner 6 Age 16 or under as of 5/25/2010</p> <p>Free Skating 3 & 4</p>	<p>1 minute 15 sec max 1/2 ice Skated in any order Program format; no stops between elements 1. Forward inside spiral 2. Salchow jump 3. Waltz jump, falling leaf, toe loop jump combination 4. Loop jump 5. Scratch spin 6. Connecting steps (such as 3-turns, mohawks, bunny hops, crossovers, etc.)</p>	<p>1 minute 30 sec +/- 10 sec full ice Free skate program to music of skater's choice. Up to four different single jumps are permitted and may be repeated alone or in combination. No Lutzs, Axels, or multi-revolution jumps are allowed. All one-position spins are allowed, but no combinations.</p>
<p>Beginner 7 Age 16 or under as of 5/25/2010</p> <p>Free Skating 5 & 6</p>	<p>1 minute 15 sec max 1/2 ice Skated in any order Program format; no stops between elements 1. Forward outside or inside spiral 2. Loop jump 3. Flip jump 4. Waltz jump, half loop, Salchow jump combination 5. Sit spin 6. Connecting steps (such as 3-turns, mohawks, bunny hops, crossovers, etc.)</p>	<p>1 minute 30 sec +/- 10 sec full ice Free skate program to music of skater's choice. All single jumps except an Axel are permitted, and may be repeated alone or in combination. Multi-revolution jumps are not allowed. No change of foot spins are allowed.</p>
<p>Adult Beginner 1 Age 17 and over as of 5/25/2010</p>	<p>1 minute max 1/2 ice Skated in the order listed Program format; no stops between elements 1. Forward strokes (min 4) 2. Forward crossovers (min 4 in both directions) 3. Forward to backward two-foot turn on a circle (either direction) 4. Backward two-foot swizzles (min 4) 5. Backward one-foot glide (right and left foot) 6. Snowplow stop (one- or two-foot stop)</p>	<p>1 minute +/- 10 sec full ice Freeskate program to music of skater's choice. Jump content is limited to half revolution jumps that may be repeated alone or in combination. (Note: a half loop is considered a full revolution jump.) One and two foot upright spins are allowed.</p>
<p>Adult Beginner 2 Age 17 and over as of 5/25/2010</p>	<p>1 minute max 1/2 ice Skated in any order Program format; no stops between elements 1. Backward strokes (min 4) 2. Backward crossovers (min 4 in both directions) 3. Two foot spin-pick up one foot 4. Inside mohawk (either direction) 5. Waltz jump 6. Half flip</p>	<p>1 minute 30 sec +/- 10 sec full ice Freeskate program to music of skater's choice. Jump content is limited to Salchow jumps, toe loop jumps, and half revolution jumps that may be repeated alone or in combination. Upright spins allowed.</p>
<p>Adult Beginner 3 Age 17 and over as of 5/25/2010</p>	<p>1 minute 15 sec max 1/2 ice Skated in any order Program format; no stops between elements 1. Scratch spin 2. Salchow jump 3. Loop jump 4. Forward outside or inside spiral 5. Waltz jump, falling leaf, toe loop combination 6. Connecting steps (such as 3-turns, mohawks, bunny hops, crossovers, etc.)</p>	<p>1 minute 30 sec +/- 10 sec full ice Freeskate program to music of skater's choice. All single jumps except an Axel are permitted and may be repeated alone or in combination. Multi-revolution jumps are not allowed. No change of foot spins are allowed.</p>

Name: _____

USFS #: _____

Free Skate	
	Tots
	Beginner 1
	Beginner 2
	Beginner 3
	Beginner 4
	Beginner 5
	Beginner 6
	Beginner 7
	Adult Beginner 1
	Adult Beginner 2
	Adult Beginner 3

Compulsory Moves	
	Tots
	Beginner 1
	Beginner 2
	Beginner 3
	Beginner 4
	Beginner 5
	Beginner 6
	Beginner 7
	Adult Beginner 1
	Adult Beginner 2
	Adult Beginner 3

PRACTICE ICE

SEND TWO PAGE ENTRY FORM TO:

Stephanie Harrison
Skating Club of Vail
PO Box 2451
Edwards, CO 81632

Registration Fees	
First Event	\$50.00
Second Event	\$10.00
Practice Ice	\$10.00
Total	\$_____

Make Checks Payable to:
SCV or Skating Club of Vail